

Be creative with games

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OVERVIEW

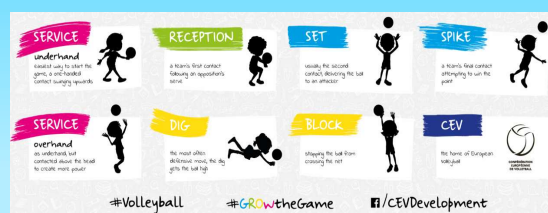


- A training session: 3 parts
- Why children should play games
- Playing 1vs1, 2vs2
- Smashvolley
- Thinking outside the box

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A TRAINING SESSION: 3 PARTS

- General part: General movements
- Second part: Technical and tactical part
- **Third part: Games**



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WHY CHILDREN SHOULD PLAY GAMES

- Kids are competitive.
- They want to score points and win the game.
- Be creative!



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PLAYING 1vs1, 2vs2

- Create a lot of contacts
- Great need of movement
- Permanent focus
- Working alone/with a partner
- Biological age isn't always the same as the level the children have.

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Playing 1vs1 (1)

- Blue: with catching
- Yellow: after the bounce
- Red: play in 1, 2 or 3 contacts

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Playing 1vs1 (1)



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Playing 2vs2 - Catch Volley (1)



- Organisation
 - Two teams play with each other
 - Separated by a net or a string.
 - Each team
 - consists out of 2 players.
 - has a clearly defined playing court.
- Variations
 - 1. Level: 1st and 2nd contact can be caught.
 - 2. Level: only 2nd contact can be caught, player runs to net with ball.
 - 3. Level: 2nd contact caught and set from where ball is caught.

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Playing 2vs2 - Catch Volley (2)



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SMASHVOLLEY

- Kids like to spike.
- Create particular games
- Smashvolley in Belgium



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Smashvolley - The new way (1)

- Games 2 vs 2
 - Playing with a partner
 - Communication
- We've integrated two ideas:
 - When-Then
 - Before-During-After

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Smashvolley - The new way (2)



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THINKING OUTSIDE THE BOX

- **Chinese 9 Man Volleyball**
 - A volleyball team sport utilizing nine players per side.
 - A slightly larger court (10 by 20 meters)
- **Indiaca Volleyball**
 - A form of the Brazilian game peteca popular in Europe.
 - It is played on court across a net with similar rules to volleyball.
 - Instead of a ball, they use an indiaca.

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Chinese 9 Man Volley



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Indiaca Volleyball



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PLAY THAT GAME!



Just play.
Have fun.
Enjoy the
game.

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Thank you!

